Subject Overview –PE



Year A (2021-2022)

	Autumn 1 Black History Month	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Write Dance: Gross motor movements. Outdoor continuous provision: Large scale motor skills- running, jumping, climbing, skipping. Indoor continuous provision: Large scale motor skills- chalking, painting, large upright board. Fine motor: threading, cutting, one handed tools, pouring, puzzles etc. (Adults tailor planning and focus support to meet children's physical needs which is continually reviewed on a short planning cycle. Birth to 5 Matters)					
Reception	Achieving Body Control Block A and Write Dance	Achieving Body Control Block B and Write Dance	Achieving Body Control Block C and Write Dance	Fundamental Movement and Write Dance	Athletics and Write Dance	Games and Write Dance
1-2 Phase	Fundamental Movement	Gymnastics	Fundamental Movement (manipulation) Throwing and Catching:	Dance (based on a theme)	Striking and Fielding	Locomotor skills
3-4 Phase	Rugby	Gymnastics	Basketball	Dance (based on a theme)	Basketball	Athletics
5-6 Phase	Health and Exercise	Rugby	Dance	Basketball	Athletics	Cricket



Subject Overview –PE

Year B (2022-2023)

	Autumn 1 Black History Month	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Write Dance: Gross motor movements. Outdoor continuous provision: Large scale motor skills- running, jumping, climbing, skipping. Indoor continuous provision: Large scale motor skills- chalking, painting, large upright board. Fine motor: threading, cutting, one handed tools, pouring, puzzles etc. (Adults tailor planning and focus support to meet children's physical needs which is continually reviewed on a short planning cycle. Birth to 5 Matters)					
Reception	Achieving Body Control Block A and Write Dance	Achieving Body Control Block B and Write Dance	Achieving Body Control Block C and Write Dance	Fundamental Movement and Write Dance	Athletics and Write Dance	Games and Write Dance
1-2 Phase	Fundamental Movement	Dance (based on a theme)	Fundamental Movement (manipulation) Throwing and Catching	Gymnastics	Striking and Fielding	Locomotor skills
3-4 Phase	Health and Exercise	Badminton	Dance (based on a theme)	Netball	Football	Athletics
5-6 Phase	Tennis	Outdoor and Adventurous Activities	Gymnastics	Netball	Football	Athletics